



# CLASS SCHEDULE

## WINTER QUARTER 2018

Effective 1/08/17 - 3/30/18

Testing Week March 26-30

### Dragon Room

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Fridays</u>	<u>Saturdays</u>
4:15 - 4:45pm Lil Dragons	4:15 - 4:45pm Leadership Lions Ninja Stars	4:15 - 4:45pm Lil Dragons	4:15 - 4:45pm Leadership Lions Ninja Stars		KMA Fight Team (see schedule below)
4:45 - 5:15pm Leadership Lions Ninja Stars	4:45 - 5:30pm Jr. Beginner Karate	4:45 - 5:15pm Leadership Lions Ninja Stars	4:45 - 5:30pm Jr. Beginner Karate	<b>Private Lessons</b>	<b>SPECIAL EVENTS PER SCHEDULE</b>
5:15 - 6:00pm Jr. Intermediate Karate	5:30 - 6:00pm Lil' Dragons	5:15 - 6:00pm Jr. Intermediate Karate	5:30 - 6:00pm Lil' Dragons	5:00 - 5:45pm Leadership Team Instructor Training	<b>BOOK YOUR BIRTHDAY PARTY TODAY!!</b>
6:00 - 6:30pm Traditional Bo Staff Black Belt Club	6:00 - 6:30pm Leadership Lions Ninja Stars	6:00 - 6:30pm XMA Bo Staff Black Belt Club	6:00 - 6:30pm Leadership Lions Ninja Stars	KMA Fight Team (see schedule below)	
6:30 - 7:15pm Jr. Beginner Karate	6:30 - 7:00pm Combat Bo Staff Jr Master's Club	6:30 - 7:15pm Jr. Beginner Karate	6:30 - 7:00pm Kicks & Tricks 1 Jr Master's Club	<b>SPECIAL EVENTS PER SCHEDULE</b>	
7:15 - 8:00pm All Adults Martial Arts	7:00 - 7:45pm Jr Advanced/Jr BB Karate	7:15 - 8:00pm All Adults Martial Arts	7:00 - 7:45pm Jr Advanced/Jr BB Karate		
8:00 - 8:30pm Combat Bo Staff Adult Black Belt Club	7:45 - 8:30pm Kicks & Tricks 2 Jr Master's Club	8:00 - 8:45pm Street SMART Self-Defense	7:45 - 8:30pm XMA Performance		

### Tiger Room

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Fridays</u>	<u>Saturdays</u>
	5:30 - 6:30pm Kids Brazilian Jiu Jitsu		5:30 - 6:30pm Kids Brazilian Jiu Jitsu		<b>SPECIAL EVENTS PER SCHEDULE</b>
6:30 - 7:15pm Fitness Kickboxing	6:30 - 7:30pm Adults Brazilian Jiu Jitsu	6:30 - 7:15pm Fitness Kickboxing	6:30 - 7:30pm Adults Brazilian Jiu Jitsu		<b>SEE MONTHLY CALENDAR</b>

<b>Kinder Kicks</b> Parent/Child classes for ages 0-3	<b>Winter/Spring Session:</b> Wed 10:30-11:15am January 31-May 2
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<b>KMA Fight Team</b> Conditioning, Drills & Sparring Training	<b>Fridays 6-8pm:</b> Jan 12, 26, Feb 9, 23, Mar 9, 30	<b>Saturdays 9-11am:</b> January 6, 20, Feb 3, 17, Mar 3, 24
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